

Broadmayne East Route

Summary:

This route goes east from Broadmayne following the coast path to Lulworth Camp and coming back on the inland coast path. It is almost entirely off road, has some very steep climbs and can be very challenging in wet conditions or strong winds as you are very exposed on high ground.

The route itself does not directly pass anywhere to get food or drink. However you can take short detours into the Castle Inn at West Lulworth or the Red lion at Winfrith Newburgh. A slightly longer detour will take you into Lulworth Cove where there is a wider range of places to eat and drink.

Route length 21 miles. Total ascent 2400ft.



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Route Instructions:

Starting from the centre of village go to the village shop and take Osmington Drove past the village hall and playing field heading south. After passing the houses the track narrows down between two hedgerows.

At the end of this track you come to an open field with a steep climb to the hedgerow at the top. Go through the gap in the hedgerow and turn right along the wide track. After approx 0.75 of a mile you come to a T junction, this is the South Dorset Ridgeway.

Turn left and follow this wide track along the top of White Horse Hill. After just over a mile there is a short rocky descent to a BW crossroads (left is Poxwell Manor and right the track goes to Osmington village) go straight over and up the bank and follow the track across the field.

Descend from the field between two banks to the road (A354). Go through the gate and very carefully cross the road. Turn right down the road; be aware that there can be very fast moving traffic on this stretch of the road.

200m down the road take the left turn to Ringstead Bay and follow the road to the car park at the top of the hill. The main part of the climb is 250ft over about a mile.

Follow the track across the car park area, go through the gate and follow the track across the fields. This track runs for about 3 miles across several fields and through gates until it meets the road at Daggers Gate.

If you want to shorten the ride this is the place to do it. Either go left down the road to Winfrith Newburgh and then take the BW opposite the junction up to Five Marys. Or just before the road go left between the farm buildings (says Sleight Bldgs on map) and follow the BW up and then down through the valley to East Chaldon, go left at the road, past The Sailors Return and at the top of hill (Five Marys) pick up the inland coastal path.

If continuing on the route as described, go straight over the road and follow the wide track for about a mile until you come to the road (B3071) at Lulworth Camp. If you are in need of refreshments turn right to West Lulworth and Lulworth Cove. Otherwise turn left onto the road and go up the hill, then descend towards Wool. After about two miles take the BW on the left, this is just after the right turn to Coombe Keynes.

Follow this BW for 2 miles across the field and through the woods and across more fields until it meets the road. Go left on the road into the centre of Winfrith Newburgh village. If you are in need of refreshments go right down to the A352 where you will find The Red Lion or there is a shop in the village.

Else go left for a few hundred yards until you see a BW on the right marked Five Marys. Follow this BW and go left at the fork in the BW and climb to top of the hill. At the top join the road and as it turns sharp right down the hill take the BW immediately in front of you.

Follow this well marked track across the fields for about 2 miles crossing two roads and opening many gates. After the second road crossing cross the field, through the gap in the

hedgerow after the gate in the next hedgerow go right and follow the gravel track. Take the first BW right through the gate and this track takes you down to some farm buildings.

Follow the BW signs through the buildings and up the hill before descending across a grassy field down to the road (A354). Go straight over and follow this BW back into Broadmayne, it comes out on the road (A352) just east of the Broadmayne signs opposite the track to Friarmayne.

If planned right you should be in time (hopefully!) for a well deserved pint at The Black Dog.